

# Health Science Skill Standards Checklist

Student Name	YA Student ID Number
YA Coordinator	YA Consortium
School District	High School Graduation Date
Certification Areas Completed: Required Skills - For EACH Pathway Check ✓ completed areas (p. 4)  ☐ Core Skills ☐ Safety & Security  Therapeutic Services Pathway	Level One Requirements:  Students must complete ALL listed below  Check ✓ completed areas  Required Skills  Minimum of ONE Unit  Minimum of 2 semesters related instruction  Minimum of 450 work hours
Certification Areas Completed: Required Skills - For EACH Pathway Check ✓ completed areas (p. 4)  ☐ Core Skills	Level Two Requirements:  Students must complete ALL listed below  Check ✓ completed areas  Required Skills for EACH pathway  Minimum of TWO Units  Minimum of 4 semesters related instruction  Minimum of 900 work hours  * Unit can be completed two times for a Level Two as indicated on Unit Page

Total Hours Employed	Company Name	Telephone Number
		( )
		( )

### Instructions for the Worksite Mentor(s) and Instructor(s)

The Skill Standards Checklist is a list of the competencies (tasks) to be achieved through mentoring and training at the worksite.

- The worksite mentor should rate each competency as the student acquires and demonstrates the skill according to the performance standards criteria.
- A competency may be revisited and the score raised as the student becomes more proficient at the worksite.
- The mentor and student should go over this checklist together on a regular basis to record progress and plan future steps to complete the required competencies.

**I certify** that this student has successfully completed the competencies required in my department. Circle your YA role, sign and print your name, and complete with the date signed and the department name.

SIGN this page IF you have been a mentor, trainer, or instructor of this student Mentor/Trainer/Instructor Signature Mentor/Trainer/Instructor Signature **Printed Name Printed Name** Department Department Date Signed Date Signed Mentor/Trainer/Instructor Signature Mentor/Trainer/Instructor Signature **Printed Name Printed Name** Department Department Date Signed Date Signed Mentor/Trainer/Instructor Signature Mentor/Trainer/Instructor Signature Printed Name **Printed Name** Department Department **Date Signed Date Signed** Mentor/Trainer/Instructor Signature Mentor/Trainer/Instructor Signature Printed Name Printed Name Department Department Date Signed **Date Signed** 

### **Operational Program Notes for Skill Standards Checklist**

### 1. Health Science Youth Apprenticeship Curriculum

- Definitions:
  - o Competency- The worksite skill to be performed.
  - Performance Standards- HOW to assess skill performance as applicable to worksite.
  - Learning Objectives- Content knowledge recommended to learn these skills; may be taught by the employer, school district, and/or technical college.
  - Skill Standards Checklist- The documented list of competencies completed by the YA student.
  - W/S- Listed after a skill indicates that skill performance may be learned and assessed at the worksite
    OR in the classroom in a simulated setting. However, a simulated setting should ONLY be used IF
    there is no possibility of skill performance at the worksite.
- Performance Standards & Learning Objectives are located in the applicable Appendices of the **Program** Guide for this Youth Apprenticeship.

# 2. ALL Youth Apprentices MUST complete the Required Skills (Core Skills and Safety & Security) competencies for EACH Pathway they are enrolled in.

- The Required Skills competencies may be completed concurrently with the Technical Skills competencies.
- The Required Skills are common skills specific to all Health Science industry sub-sectors. These skills are aligned with the National Association of State Directors of Career & Technical Education (NASDCTEc) standards for Health Science and the Wisconsin Nurse Aide Candidate Handbook.

### 3. Youth Apprenticeship choices (depending on job placement)

- Worksites can be chosen from any number of health, clinical, or ambulatory care settings which can train the required skills.
- "Client" is used to refer to customers, residents, patients, and/or persons seeking services.
- Competencies have been reviewed by the Department of Workforce Development for Child Labor Laws.
   Contact the Department of Workforce Development's Equal Rights Division/Labor Standards Bureau at 608-266-6860 for questions regarding child labor laws. SEE Appendix A for special Child Labor Law considerations in this YA Program.
- Students will complete a **Minimum Rating** in the Required Skills and one pathway unit for a Level ONE Health Science YA and a **Minimum Rating** in the Required Skills and two pathway units for a Level TWO Health Science YA.
- The Nursing Assistant Unit may be completed two times for a Level TWO program IF additional competencies
  are mastered. The Ambulatory/Support Services Unit may be completed two times for a Level TWO program
  as long as the student is placed in a different service area.
- The Department of Workforce Development Occupational Certificate will indicate "Health Science" attained when the program is completed.

### 4. Competency Ratings

- Rate the student on the competencies regularly and revisit the competencies with the student periodically to offer the opportunity for an improved rating.
- Arrangements must be made to ensure that the student learns, practices, AND performs each competency even if that competency is not part of their regular job function.
- "Entry Level" criteria should be interpreted to mean "able to do the task satisfactorily."
- "Assist" in front of a skill indicates that the student should perform the skill as indicated in the curriculum "while assisting a worksite professional." Training should go beyond "observation only" for these skills. It will be up to the employer to determine the criticality of each specific task, training completed, and the actual level of supervision required. See curriculum details for requirements.

### **Required Skills**

**Required** of **ALL** Health Science YA Students Copy this page **FOR EACH** pathway to be completed

CORE SKILLS	Minimum rating of 2 for EACH Check Rating				
	1	2	3		
Apply academic knowledge					
Apply career knowledge					
Apply Health Science industry knowledge					
Communicate effectively					
5. Act professionally					
Demonstrate customer service skills					
7. Cooperate with others in a team setting					
8. Think critically					
Exhibit regulatory & ethical responsibilities					
10. Use resources wisely					
11. Use basic technology					
SAFETY & SECURITY	SAFETY & SECURITY  Minimum rating of 2 for EAC  Check Rating				

SAFETY & SECURITY	Minimum rating of 2 for EACH Check Rating		
	1	2	3
Follow personal safety requirements			
2. Maintain a safe work environment			
3. Demonstrate professional role to be used in an emergency			
Follow security procedures			
5. Maintain confidentiality			

### Rating Scale:

- 3 = Exceeds entry level criteria/Requires minimal supervision/Consistently displays this behavior
- 2 = Meets entry level criteria/Requires some supervision/Often displays this behavior
- 1 = Needs improvement/Requires much assistance & supervision/Rarely displays behavior

	1	Minimum rating of 2 for Check Rating	
	-	2	3
Use Standard Precautions & Infection Prevention			
Office		Τ	
	1	2	3
Create &/or maintain the client record			
Complete client identification labels			
4. Complete lab forms			
5. Assist to maintain emergency kit			
Lab	1	2	3
6. Mix dental materials			
7. Clean removable appliances			
8. Process dental radiographs			
Assist to evaluate radiographs for diagnostic quality			
10. Prepare procedural trays & set-ups			
11. Perform sterilization &/or disinfection procedures			
12. Prepare room for exam/procedures			
Clinical/Chairside	1	2	3
13. Receive & prepare client for treatment			
14. Transfer dental instruments			
15. Operate water/air syringe & suction			
16. Apply topical fluoride			
17. Chart dental conditions			
18. Assist with common clinical procedures			
19. Apply topical anesthetic to the injection site			
20. Measure vital signs (W/S)			
21. Provide client education & instructions			

W/S = Worksite Experience or In Simulation

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Clinical Setting:

Medical Assistant Unit		rating of 2 f	
	1	2	3
22. Use Standard Precautions & Infection Prevention			
Clerical	1	2	3
23. Manage client appointments			
24. Create &/or maintain the client record			
25. Complete client identification labels			
26. Verify client &/or insurance information			
27. Order & receive supplies &/or equipment			
Lab	1	2	3
28. Clean & prepare supplies &/or instruments			
29. Instruct clients in collection of specimens			
30. Process specimens for testing			
31. Assist in performing testing			
Clinical	1	2	3
32. Obtain/update client information			
33. Position client			
34. Measure height/weight			
35. Measure vital signs (W/S)			
36. Set up area for exam/procedures			
37. Assist with exam/procedures			
38. Assist with medication &/or immunization administration (W/S)			
39. Clean & restock after procedures			
40. Perform CPR (W/S)			
41. Use First Aid measures (W/S)			

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Students *are required* to earn CNA certification through a DHFS approved CNA program with DHFS approved instructors.

CNA Registry Number: Clinical Setting:

Level One (one year program) = Required Skills + 8 Additional Skills Level Two (two year program) = Required Skills + 16 Additional Skills

Nursing Assistant Unit	Minimum rating of 2 for EACH Check Rating					
Required Skills 1 2 3						
Use Standard Precautions & Infection Prevention						
2. Clean room & change unoccupied bed linens						
3. Follow care plan						
Report client changes						
5. Position client						
6. Ambulate client						
7. Measure temperature, pulse, respirations						
Assist client with toileting						
Provide client comfort measures						
10. Perform CPR (W/S)						
Additional Skills	1	2	3			
Transport client						
2. Assist to transfer client (W/S)						
3. Maintain inventory of supplies &/or equipment						
Manage client appointments						
5. Obtain/update client information						
6. Measure blood pressure						
7. Measure height/weight						
8. Measure pulse oximetry						
Measure fluid intake & output						
10. Measure EKG						

**W/S** = Worksite Experience or In Simulation

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Nursing Assistant Unit - continued	continued  Minimum rating of 2 for EACH Check Rating		
Additional Skills - continued	1	2	3
11. Measure blood sugar			
12. Instruct clients in collection of specimens			
13. Process specimens for testing			
14. Perform phlebotomy			
15. Assist in performing testing			
16. Make occupied bed			
17. Provide client skin care			
18. Apply non-prescription topical medications			
19. Prepare &/or serve food			
20. Aid client with eating & hydration			
21. Aid client with oral hygiene			
22. Aid client with grooming- hair care			
23. Aid client with grooming- nail care			
24. Aid client with grooming- dress & undress			
25. Aid client with grooming- shaving			
26. Care for client with urinary catheter			
27. Provide ostomy care			
28. Aid client with bathing			
29. Give bedbath			
30. Apply TED (anti-embolism) stockings			
31. Aid client to perform range of motion exercises			
32. Set up area for exam/procedures			
33. Assist with exam/procedures			
34. Assist with medication &/or immunization administration			
35. Assist with care of client with dementia			
36. Use isolation techniques			
37. Perform choking maneuver (W/S)			
38. Use First Aid measures (W/S)			
39. Assist with post-mortem care (W/S)			

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Pharmacy Technician Unit			Minimum rating of 2 for EACH Check Rating		
		1	2	3	
1. Maintain pharmacy bus	iness documents				
2. Create &/or maintain the	e client record				
3. Obtain/update client info	ormation				
4. Verify client &/or insura	nce information				
5. Accept orders					
6. Use aseptic technique					
7. Clean & prepare supplied	es &/or instruments				
8. Process orders					
9. Generate medication la	bels				
10. Perform calculations for	medication orders				
11. Weigh & measure accu	rately				
12. Assist to prepare topica	I &/or oral finished dose medications				
13. Assist to prepare compound medications (W/S)	ounded, diagnostic, &/or parenteral				
14. Provide medication to c	lient				
15. Order & receive supplie	s &/or equipment				
16. Perform inventory of su	pplies, equipment, &/or medications				
17. Manage cash drawer					
18. Merchandise retail item	s				
19. Participate in quality as:	surance practices				

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# **Health Informatics Pathway**

Medical Office Setting:

Medical Office Unit		Minimum rating of 2 for EACH  Check Rating		
	1	2	3	
Maintain medical office correspondence				
Perform records management duties				
Locate information in the client record				
4. Create &/or maintain the client record				
5. Obtain/update client information				
Complete client identification labels				
7. File manual client records (W/S)				
8. Verify client &/or insurance information				
Process health information requests				
10. Manage client appointments				
11. Answer phones				
12. Assist with basic coding for client billing (W/S)				
13. Complete insurance & claim forms				
14. Perform basic bookkeeping duties (W/S)				
15. Use common office software applications				
16. Use database systems to process information				
17. Prepare reports				
18. Maintain office equipment				
19. Order & receive supplies &/or equipment				
20. Perform an inventory of supplies &/or equipment				

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### **Ambulatory/Support Services Pathway**

Clinical Setting:

Level One (one year program) = General Skills + Skills from ONE Specific Service area Level Two (two year program) = General Skills + Skills from TWO Specific Service areas

Ambulatory/Support Services Unit	Minimum rating of 2 for EACH  Check Rating		
General Skills	1	2	3
Maintain department documents			
2. Create &/or maintain the client record			
Complete client identification labels			
4. Manage orders &/or appointments			
5. Use computer systems to process information (W/S)			
6. Prepare reports			
7. Order & receive supplies &/or equipment			
Specific Service- Dietary	1	2	3
Assist to plan menus based on nutritional needs			
2. Assist to prepare food			
Verify food content matches dietary restrictions			
4. Take food orders			
5. Serve food			
6. Measure/monitor food & fluid intake			
7. Aid client with eating & hydration			
8. Perform choking maneuver (W/S)			
Specific Service- Imaging	1	2	3
Assist to prepare diagnostic agents			
Set up diagnostic area			
Assist to explain diagnostic procedure to client			
4. Assist client with dressing & undressing			
5. Position client			
Assist with diagnostic imaging (Simulate only)			
7. Clean & restock after procedure			

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# **Ambulatory/Support Services Pathway**

Ambulatory/Support Services Unit- continued		rating of 2	
Specific Service- Laboratory 1 2			3
Use aseptic technique			
2. Clean & prepare glassware &/or instruments			
3. Weigh & measure accurately			
4. Perform calculations & conversions			
5. Prepare reagents, solutions, &/or buffers			
6. Operate lab equipment properly			
7. Conduct testing according to protocol			
8. Record & analyze test results			
Specific Service- Optician/Optometry	1	2	3
Obtain lens prescriptions			
2. Measure client eye lengths, centers, & distances			
3. Set up optometry area			
Assist to perform eye exam			
5. Instruct clients how to care for eyewear			
6. Order & purchase frames & lenses			
7. Fit glasses to clients			
Specific Service- Physical Therapy (PT)	1	2	3
Set up treatment area			
Assist to explain treatment to client			
3. Position clients on therapy equipment			
4. Measure vital signs			
<ol><li>Assist with application/adjustment of orthotic &amp; assistive devices</li></ol>			
Assist client with performing range of motion exercise			
7. Assist client with prescribed exercise program			
8. Assist client with gait training			
9. Administer active & passive treatments			

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# **Additional Certifications, Training, Seminars and Projects**

Please list in detail any additional certifications earned, any training and seminars attended, and/or any projects completed during the course of the Health Science Youth Apprenticeship.

Description		
Notes/Comments		
Date Completed	Signature	Date Signed
Description		
Notes/Comments		
Date Completed	Signature	Date Signed
Description		
Notes/Comments		
Date Completed	Signature	Date Signed
Other Notes or Commer	nts	